

Lock Your Knee Corp.

Work Trade for Bikram Yoga Nimitz

1130 N. Nimitz Hwy Ste. B-280 | Honolulu, HI 96817 | jobs@lockyourknee.com

return application or letter of interest to : jobs@lockyourknee.com or our studio in person attn: cassie

Position Requirements:

Reliable transportation

Back up and assist front desk staff (check in classes, ensure studio environment is presentable, inventory, and client management)

Assist students and work with teachers and staff to ensure students are assisted

Benefits of the Position:

1 to 2 shifts/classes a week - even trade of classes worked to classes taken (1 free class per shift worked)

3 to 5 shifts/classes a week - unlimited yoga access each month

Free towel and mat usage while at the studio (for yourself only)

Account Credits to be used towards beverages at the studio (after probation period)

Staff discounts off retail merchandise (after probation period)

free passes to give to your family and friends (after probation period)

Basic Applicant Info:

Name (first, last): _____

E-Mail Address (required): _____

Mobile Phone: _____

Secondard Phone: _____

Current Employer (business name and supervisor):

Date of Employment (to and from):

How long have you been practicing and how often do you currently practice yoga?

What do you think you'll add to our staff?

Why do you want to work at Bikram Yoga Nimitz?

How many shifts/classes do you want to work a week?

Mark an "x" in the box to the left of the shifts you are able to work, please mark all available:

x	Mon.	x	Tues.	x	Wed.	x	Thurs.	x	Fri.	x	Sat.	x	Sun.
	8:30 - 10:00 am		8:30 - 10:00 am		8:30 - 10:00 am		8:30 - 10:00 am		8:30 - 10:00 am		6:30 am - 12:00		6:30 am - 12:00
	10:30 am - 12:00						10:30 am - 12:00		10:30 am - 12:00				
	2:30 - 4:00 pm		2:30 - 4:00 pm		2:30 - 4:00 pm		2:30 - 4:00 pm		2:30 - 6:00 pm		2:30 - 4:00 pm		2:30 - 4:00 pm
	4:30 - 8:00 pm		4:30 - 8:00 pm		4:30 - 8:00 pm		4:30 - 8:00 pm						